



# Allergy & Asthma Center

of Southern Oregon, PC

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Phone (541) 858-1003 Fax (541) 857-4499

## ALLERGY SHOT INFORMATION

- I. You have signed a consent form for allergy shots. The allergy shot treatment sets are made up in the Medford office and take about 6-8 weeks to prepare. If you do not hear from the Medford office in 6 weeks please feel free to call (541) 858-1003 and check on the status of your allergy shots.
- II. Be sure to take an antihistamine on shot days, even if your allergy symptoms are controlled.
- III. Wear clothing that allows easy access to the injection site, which is the upper arm area.
- IV. It is required that you wait for 20 minutes after an allergy shot or 30 minutes after a venom shot. If you cannot wait the required time your shot will not be given. Also allow extra time when starting shots for instruction time.
- V. Take food and fluids on shot days, do not fast.
- VI. Avoid getting an allergy shot if you are acutely ill with a cold, flu, fever or untreated infection. If being treated with an antibiotic for a condition, you must be on the antibiotic 72 hours to get an allergy shot.

## SHOT DAYS AND HOURS

<b>Grants Pass</b>	<b>Monday</b>	<b>10:00 am - 12:00 pm and 1:30 - 4:30 pm</b>
	<b>Tuesday</b>	<b>10:00 am - 12:00 pm and 1:30 - 4:30 pm</b>
	<b>Wednesday</b>	<b>10:00 am - 12:00 pm and 1:30 - 4:30 pm</b>
	<b>Thursday</b>	
<b>Medford</b>	<b>Monday</b>	<b>8:00 - 11:30 am and 1:30 - 4:30 pm</b>
	<b>Tuesday</b>	<b>1:30 - 4:30 pm</b>
	<b>Wednesday</b>	<b>8:00 - 11:30 am and 1:30 - 4:30 pm</b>
	<b>Thursday</b>	<b>7:00 - 10:30 am and 12:00 - 3:30 pm</b>
	<b>Friday</b>	<b>8:00 - 11:00 am</b>
<b>Ashland</b>	<b>Tuesday</b>	<b>9:00 - 11:30 pm and 1:30 - 4:30 pm</b>
<b>Klamath Falls</b>	<b>Monday</b>	<b>9:00 - 11:30 am and 1:30 - 4:30 pm</b>
	<b>Wednesday</b>	<b>9:00 - 11:30 am and 1:30 - 4:30 pm</b>
<b>Roseburg</b>	<b>Thursday</b>	<b>10:00- 12:00 pm and 1:00 - 4:30 pm</b>

**Medford**  
Principle Office  
3860 Crater Lake Ave. Suite A  
Medford, OR 97504

**Ashland**  
Satellite Office  
2262 Ashland Street  
Ashland, OR 97520

**Grants Pass**  
Satellite Office  
1722 Williams Hwy  
Grants Pass, OR 97527

**Klamath Falls**  
Satellite Office  
2628 Clover Street  
Klamath Falls, OR 97603

**Roseburg**  
Satellite Office  
1813 W Harvard Avenue Suite 241  
Roseburg, OR 97471